

ENERGY MEDICINE

An Extract from
NATURAL DIAGNOSIS AND THERAPEUTICS
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INTRODUCTION

Energy Medicine or Energy Healing is a therapeutic system that has as its basic working principle, the harmonizing of energy body of living creatures. Energy medicine practitioners know that our bodies do not end at our skin level but are surrounded by various cloaks, patterns, grids, energy pathways etc completely crisscrossing, penetrating and shielding our physical bodies. This energy body goes by many names in diverse cultural systems depending on the orientation of the observer. We hear of aura, celtic belt, energy grid, energy channels, meridians etc.

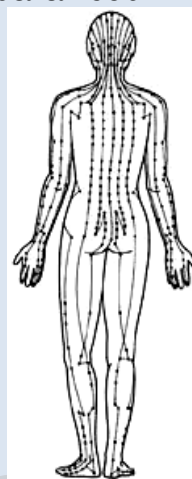
In all, we are concerned with the body that directly controls the physical body. A good allusion is likening the physical body to a carpenter's tool where as the energy body is the carpenter himself. The carpenter controls his tool, directs it as he wills, when the carpenter is under the influence of alcohol or any other mind-hampering medication, or is physically exhausted, the perfect control of his tools is lacking, he starts to produce bad works. The same thing happens to our physical body when our energy bodies become negatively affected due to so many causes. For this reason, energy healers pay much attention to the energy body; to restore it to normalcy, to energize it so that a reservoir of energy, ready to be drawn by the physical cloak as at when due is always available. All the complex network of energy bodies still belong to the world of matter but of a finer consistency. This clarification becomes necessary so as not to allow a wrong concept from arising in the minds of students. This energy body is matter and not the much talked-about human spirit. The aforementioned does belong to the world of matter whereas the spirit is of a totally different consistency; not matter at all. Man on earth is spirit wearing physical cloak [body] needed for experiencing life on earth. Energy medicine practitioners act like human support system to patients needing their care. In today's technologically advanced medicine, various support systems, gadgets and tools are available. The energy medicine practitioners compassionately intervenes by drawing vital force from the healing centers of God's creation and channels it to his patient in a manner similar to a copper wire conducting electricity from mains to power household electrical appliances. The energy medicine practitioner in actual fact thereby serves as a true energy support system.

All psychosomatic illnesses stem from the diseases of the subtle body of man commonly referred to as his energy body. All electromagnetically induced diseases, whether known by the patient and his doctor or not grossly affect the energy body. All deserved repercussions impacting on their creators affect their energy bodies before precipitating to their physical bodies. The

effect of the stellar radiations (whether beneficial or harmful in their effects) is conditioned by the state of the energy bodies of individual recipients. So much happens beyond the physical senses that influence and impinge on the physical body. Energy medicine strikes at the root of diseases by correcting where possible, the imbalances in the energy body.



AURA



ACUPUNCTURE MERIDIANS

Considering the divers factor that could negatively affect our energy body system, many will wrongly imagine that we are simply left at the mercy of these influences. The Creator in his infinite mercy and goodness has provided shields [auras] to protect us and insulate us from the harsh 'weather' provided we play our part to keep the gifts, the shields, pure. If we besmear our aura with wrong thought patterns, negativities of all sorts and wrong lifestyles etc, our aura literally would begin to leak. As we continue to plunge and gravitate towards base things, we naturally, in obedience or compulsion to the law of attraction of homogenous species, draw corresponding evil influences to ourselves soiling our aura the more and consequently and assuredly suffer the corresponding consequences on our physical, mental, emotional and or spiritual being. Man is therefore the architect of what befalls him; consciously or unconsciously, through an act of omission or commission man weaves his own garment that clings tenaciously to him, fearfully and wonderfully too.

The vital force that is transmitted by energy healers to patients are anchored in creation's power centers, a gradation of this force saturates the air we breathe. This vital force also called *Chi*, *Qi* or *Prana* are to a large extent present in natural spring water and also to a good degree in the fruits, vegetables and other food items. It is therefore possible that an individual that is confronted with an illness can positively affect his health by consciously in humility and childlikeness inhale the healing energy that saturates the air. As he exhales, he 'sees' his disease condition leaving his body. He can also as well partake of the healing essence in clear clean

spring water. Gradually and perceptibly, he will observe that his health condition begins to improve.

The energy healer supports efforts at recovery by channeling concentrated vital force to his patients. The result of this action ranges from gradual improvement of health to the most miraculous instant healing. We are living in the Aquarian age where this form of healing will be on the increase as well as become very popular. Anybody that is inclined to astrology or who has just an elementary knowledge of it will know that the zodiac sign Aquarius is symbolized by a man with the pitcher kneeling down and pouring out a 'liquid content'. We are in the age where spiritual current, symbolized by the liquid is made available as never before to creation and its inhabitants for purification, healing, restoration etc. But these currents are absorbed when in humility we bend our knees (our personal egos) in imitation of the water bearer's posture. If we are set in our evil ways; rigid, unrepentant and arrogant, the helping rays will unavoidably evade us or only evoke destruction in us. Is there no balm in Gilead? Is there no physician there? Why then is there no healing for the wound of my peoples? - Jer. 8:22, food for thought.

What is the relationship between invisible energy and a physical organ which is matter? The German scientist Albert Einstein gives us a clue in his formula that is one of the greatest scientific achievements of the 20th century. Einstein relates Energy to Matter in his mathematical equation; $E=MC^2$ where E stands for Energy, M for Mass or Matter and C stands for the Speed of light. From the above, we deduce that $M=E/C^2$ Therefore, matter is a factor of both energy and speed of light nothing more.

Is it of any consequence whether what we call matter here is the brain tissue, cancer cells, liver, bone or soil? All is simply energy divided by the square of the speed of light. The transformation of matter to energy is the basis of nuclear reactors and nuclear energy. Energy healers operate from the side of *energy* in the above equation to affect matter, whereas the conventional medical personnel affect the totality of man through the physical measure represented on the other side of the equation; the speed of light is a constant. This equation $E=MC^2$ tells us of the existence of an energy, *invisible energy*. The subtle healing energy is also inclusive.

Anybody that doubts the existence of this subtle energy body in man doubts as well the existence of his physical body, in other words, he is categorically stating that his physical body is nothingness, *a zero*. He is implying mathematically that $0=mc^2$ i.e. his body [physical] multiplied by the square of the speed of light is zero, *nothing* and does not exist. Even a hard core

materialist would be disturbed by the thought that his physical body which he considers the ultimate reality in the universe is nonexistent.

Einstein's equation relates the physical to the non physical, coarse to the subtle and the visible to the invisible. Energy currents emanating from energy practitioners' hands affect body tissues tangibly as the magnetic field from a magnet physically have a pulling effect on magnetic metals such as iron. Can anybody doubt the existence of magnetic fields surrounding and radiating from a magnet just because the magnetic field is invisible, cannot be touched, and does not have any smell or taste? The invisible subtle energy that maintains our human structure can be likened to the invisible electric current powering our household electronic and electrical gadgets. We see the bulb lit without ever seeing electricity itself.

Other branches of energy medicine comprises field of study like Homeopathy, Biochemic therapy, Colour therapy, Magnetotherapy, Gemstone therapy, Acupuncture, Spiritual healing etc. In this chapter, we will examine Biochemic therapy, Colour therapy, Magneto therapy and Acupressure.